



# happyadultsholidays



We know it's not only children and families who like and **deserve** holidays; everyone does!

If you are an adult with **Asperger Syndrome**, Autism, Autistic Spectrum Disorder, or another related condition that makes it hard for you to go on holiday, we can provide you with a **tailor-made** holiday in the Dordogne, France.

You choose the level of **support** you require. This means that you can choose to spend every day with someone, or just part of the day.


The support we offer:


- ✓ Collect and return you to Bergerac airport
- ✓ Accompany you shopping for your meals
- ✓ Help you cook your meals
- ✓ Provide you with some meals
- ✓ Accompany you on outings or activities
- ✓ Drive you to and collect you from places you want to visit by yourself
- ✓ Interpret for you if you can't speak French

You choose the activities you want to do (e.g. visits to castles, forest walks, kayaking, cycling, museum visits, vineyards, restaurants, shopping; the Dordogne offers a huge variety of activities to suit everyone).

We can send you a list of the activities on offer before you come and once you have chosen, we can arrange them for you.

You can:

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- ✓ Self cater, have meals provided, or a combination of the two. We can help you with the planning, shopping and cooking if you want to self cater.
  - ✓ Stay in a gite or in a family home
  - ✓ Come with someone else or on your own. We can accompany you if you want us to, as much as you want us to.



You can make all the choices before the holiday and we will create a holiday plan for you. We'll send you a list of activities and menus to choose from. We can then support you in preparing for your holiday, with photos, checklists etc.

As with all aspects of your holiday, we can do as much or as little as you require.

### *Costs*

If you want us to provide your food, we will work out a "fully inclusive" price for your holiday and then all you will need to bring is spending money (to include the cost of any meals in restaurants or cafés)

If you are intending to be more independent, you will need to bring money to cover food and entrance fees.

Whatever you choose, we'll tell you exactly what is and what isn't included in the price of your holiday.


### *Important to remember*

It is important to know that you will remain at all times responsible for your own and your property's safety. We will, of course, do everything we can to ensure that your holiday runs smoothly and without problems, but we cannot be held responsible for unforeseen circumstances, changes of plan, damage or injury caused by someone other than ourselves.

You will need to take out appropriate travel insurance and provide us with a copy of your policy before your holiday.

### *And finally...*

We at *happykidsholidays* want you to have a wonderful holiday with us here in the Dordogne and we are committed to doing everything we possibly can to make that happen.



If you have an idea, a suggestion or a request, however unusual, please don't hesitate to let us know. We may not be able to help you with it, but we will certainly try!